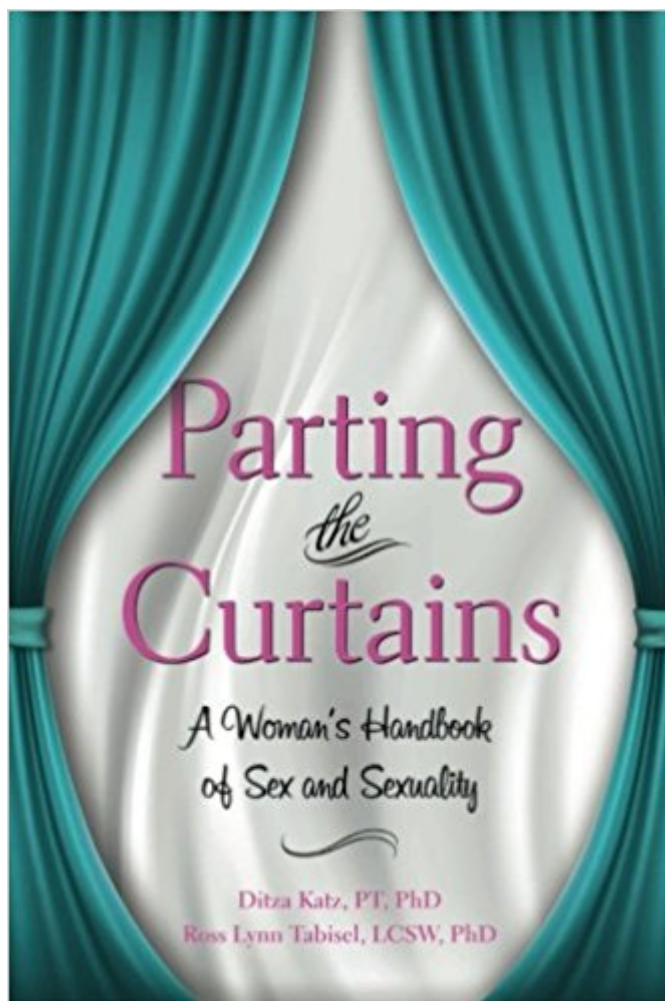




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Parting The Curtains: A Woman's Handbook Of Sex And Sexuality



Synopsis

A practical, reader-friendly guide, with up-to-date information and a good dose of self-respect that will help every woman age 25 and older navigate her sexual journey. Whether you use this book as a reference, an educational tool, or a preventive manual, our aim is that it will answer your questions in a way that embraces female sexuality without medicalizing or sensationalizing it. This book can also be used by mental health and medical professionals, as well as by members of the clergy, for counseling individuals and couples grappling with sexual difficulties.

Book Information

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Customer Reviews

The author's years of research, teaching and treating women with sexual challenges comes together in a well written, clear, practical and informative book. I have already sent a copy to my sister and niece. While the subtitle is A Woman's Handbook of Sex and Sexuality, it's a wonderful read for the men in their lives as well. This book will be a supplementary book for the Human Sexuality courses I teach. Bravo to Katz & Tabisel.

explains so much i did not know in plain english i can understandjust finished and i will read it again

I am an obstetrician and gynecologist, and this book has become a "go-to" for many of the patients I take care of. The calm, rational, and informative explanations of everything from anatomy to relationships, from birth control and menopause have provided women with a wealth of knowledge and an excellent reference to keep forever. Thank you for empowering women everywhere, and

making my job a bit easier!!!Rebecca Levy

I really wanted to like this book. As the author of the definitive book on the hormonal, medical and physical issues that sabotage a woman's sexual health, (Sex Rx: Hormones, Health and Your Best Sex Ever) I am always on the lookout for books that address relationship issues. And, if this book had stuck to relationship, it would have been fine. The information on medical aspects of sexual dysfunction range from hopelessly out of date, to just plain wrong. I can give dozens of examples, but for starters, the section titled, "what can I do about my hot flashes?" doesn't even mention hormone therapy. There is a one sentence mention of estrogen, but it is only mentioned in pill form as if transdermal products (and their many advantages) don't exist. Local vaginal estrogen in the form of a ring ? Not mentioned. Osphena, nope. Lists many products as "long acting moisturizers" that are not. Flibanserin, FDA approved for libido- not a mention. The contraception section neglects to mention Essure, I have no idea what kind of gel one rubs on to prevent pregnancy and IUD is mentioned as a "barrier " method. Bottom line, buy this book for relationship advice, but skip the sections that give any medical information to help with painful sex, lack of libido or arousal issues.

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